

# *The* TRUTH

## RESOURCES

### THE TRUTH READING LIST

Below are just a few of the books I read, and in some cases skimmed (and in a few cases just looked at the cover), while researching *The Truth*.

I've divided them into several categories, depending on your area of interest. Note that all the books may not fit perfectly into the category I provided, but this is the way in which I thought of them as I wrote the book.

Note that just because I read a book doesn't mean I liked it. An example of this is Alain de Botton's *On Love*, which read like a memoir written by a love avoidant who wasn't aware that he was one.

And note that I didn't read every book. I just liked the title of Joe Quirk's *Sperm Are From Men, Eggs Are From Women*, but I had moved on from the idea of embracing hypothesized gender differences as a solution to relationship problems before ever cracking it open.

I have included only books here, not the voluminous research papers I pored over or the many articles that seemed to come out every week as I was writing.

Finally, because this is an exhaustive list, I've bolded and added links to the ten books that I most strongly recommend for your own journey in the psychology & trauma healing list, as well as the single book that influenced me the most in each section that follows.

Ready to dive in?

#### PSYCHOLOGY, TRAUMA, & HEALING

***Lean On Me* – Dr. Marion Solomon**

<http://amzn.to/1ZAxy5A>

***The New Peoplemaking* – Virginia Satir**

<http://amzn.to/1krDqhJ>

***The Road Less Traveled* – M. Scott Peck, M.D.**

<http://amzn.to/1krDJsT>

***Fear of Intimacy* – Robert W. Firestone**

<http://amzn.to/1ZAxSkU>

***The Fantasy Bond : Structure of Psychological Defenses* –  
Robert W. Firestone**

<http://amzn.to/1MJGigr>

<i>The Client's Guide to Cognitive Behavioral Therapy: How to Live a Healthy, Happy Life...No Matter What!</i> – Aldo R. Pucci, MA, DCBT	<a href="http://amzn.to/1PA0bet">http://amzn.to/1PA0bet</a>
<i>Facing The Shadow: Starting Sexual and Relationship Recovery</i> – Patrick Carnes, Ph.D.	<a href="http://amzn.to/1PA0dTN">http://amzn.to/1PA0dTN</a>
<i>Reclaiming Virtue: How We Can Develop the Moral Intelligence to Do the Right Thing at the Right Time for the Right Reason</i> – John Bradshaw	<a href="http://amzn.to/1SlNLtu">http://amzn.to/1SlNLtu</a>
<b><i>Facing Codependence</i> – Pia Mellody and Andrea Wells Miller</b>	<b><a href="http://amzn.to/1ZANp46">http://amzn.to/1ZANp46</a></b>
<i>Breaking Free: A Recovery Workbook for Facing Codependence</i> – Pia Mellody and Andrea Wells Miller	<a href="http://amzn.to/1SlNQgE">http://amzn.to/1SlNQgE</a>
<i>'It Will Never Happen to Me!' Children of Alcoholics: As Youngsters - Adolescents - Adults</i> – Claudia Black	<a href="http://amzn.to/1PA1lqt">http://amzn.to/1PA1lqt</a>
<i>The Myth of Sex Addiction</i> – David J. Ley	<a href="http://amzn.to/1ZANCo0">http://amzn.to/1ZANCo0</a>
<b><i>The Art of Loving</i> – Erich Fromm</b>	<b><a href="http://amzn.to/1UhBJzK">http://amzn.to/1UhBJzK</a></b>
<i>Meeting the Shadow: The Hidden Power of the Dark Side of Human Nature</i> – Connie Zweig and Jeremiah Abrams	<a href="http://amzn.to/1SlNS8r">http://amzn.to/1SlNS8r</a>
<i>Thrilled to Death</i> – Dr. Archibald D. Hart	<a href="http://amzn.to/1ZANHbm">http://amzn.to/1ZANHbm</a>
<i>Mending a Shattered Heart, 2nd Ed.</i> – Edited by Stefanie Carnes, Ph.D.	<a href="http://amzn.to/1SlNYgd">http://amzn.to/1SlNYgd</a>
<i>Transformation Through Intimacy: The Journey Toward Awakened Monogamy</i> – Robert A. Masters	<a href="http://amzn.to/1ZAO1GQ">http://amzn.to/1ZAO1GQ</a>
<i>The Gifts of Imperfection</i> – Brené Brown, Ph.D., L.M.S.W.	<a href="http://amzn.to/1SlOefd">http://amzn.to/1SlOefd</a>
<i>Stop Overreacting</i> – Judith Siegel, Ph.D., L.M.S.W.	<a href="http://amzn.to/1SlOieZ">http://amzn.to/1SlOieZ</a>
<i>The Wizard of OZ and Other Narcissists</i> – Eleanor Payson	<a href="http://amzn.to/1SlOjj1">http://amzn.to/1SlOjj1</a>
<i>Attached.: The New Science of Adult Attachment and How I Can Help You Find – And Keep – Love</i> – Amir Levine, Rachel Heller	<a href="http://amzn.to/1SlOIBR">http://amzn.to/1SlOIBR</a>
<i>Trauma Through A Child's Eyes</i> – Peter A. Levine, Maggie Kline	<a href="http://amzn.to/1SlOTgx">http://amzn.to/1SlOTgx</a>
<i>Waking the Tiger: Healing Trauma</i> – Peter Levine	<a href="http://amzn.to/1PA1PN9">http://amzn.to/1PA1PN9</a>
<i>Games People Play: The Basic Handbook of Transactional Analysis</i> – Eric Berne, M.D.	<a href="http://amzn.to/1QYOurT">http://amzn.to/1QYOurT</a>
<i>The Monogamy Myth: A Personal Handbook for Recovering from Affairs</i> – Peggy Vaughn	<a href="http://amzn.to/1QYOyB4">http://amzn.to/1QYOyB4</a>
<i>Healing The Child Within: Discovery and Recovery for Adult Children of Dysfunctional Families</i> – Charles L. Whitfield, M.D.	<a href="http://amzn.to/1QYODor">http://amzn.to/1QYODor</a>
<i>When He's Married To Mom</i> – Kenneth M. Adams	<a href="http://amzn.to/1QYOcRn">http://amzn.to/1QYOcRn</a>

*Lust, Anger, Love: Understanding Sexual Addiction and the Road to Healthy Intimacy* – Maureen Canning <http://amzn.to/1QYOH7u>

***Silently Seduced: When Parents Make Their Children Partners* – Kenneth M. Adams, Ph. D.** <http://amzn.to/1SIPeA3>

*Healing The Shame That Binds You* – John Bradshaw <http://amzn.to/1QYOQIe>

*Bradshaw On: The Family* – John Bradshaw <http://amzn.to/1MJJZmi>

***Under Saturn's Shadow* – James Hollis** <http://amzn.to/1SIPqyY>

***The Eden Project* – James Hollis** <http://amzn.to/1SoSafc>

***Facing Love Addiction* – Pia Mellody and Andrea Wells Miller** <http://amzn.to/1SIPmPU>

*The Intimacy Factor* – Pia Mellody <http://amzn.to/1QYOYaA>

*Don't Call It Love* – Patrick Carnes, Ph.D. <http://amzn.to/1R09WFZ>

*Out of The Shadows* – Patrick Carnes, Ph.D. <http://amzn.to/1R09WWJ>

*Post-Romantic Stress Disorder: What To Do When The Honeymoon Is Over* – John Bradshaw <http://amzn.to/1UhzZq5>

*The Drama of The Gifted Child: The Search for the True Self* – Alice Miller <http://amzn.to/1R09YO9>

*The Betrayal Bond* – Patrick J. Carnes, Ph.D. <http://amzn.to/1UhA5xZ>

*Never Satisfied* – Michael Baisden <http://amzn.to/1UhA90T>

*The Secret Life Of Men* – Steve Biodulph <http://amzn.to/1UhAeBG>

*Fire In The Belly* – Sam Keen <http://amzn.to/1R0ab3X>

*I Don't Want To Talk About It* – Terrence Real <http://amzn.to/1UhAmkr>

*The Tao Of Recovery* – Jim McGregor <http://amzn.to/1UhAnoI>

*The Fear Book: Facing Fear Once and For All* – Cheri Huber <http://amzn.to/1UhAxw6>

*Erotic Intelligence: Igniting Hot, Healthy, Sex in Recovery From Sex Addiction* - Alexander Katehakis <http://amzn.to/1R0apba>

*The Flying Boy: Healing The Wounded Man* – John Lee <http://amzn.to/1UhAzEj>

*Growing Yourself Back Up* – John Lee <http://amzn.to/1MJKyNc>

***The Body Keeps the Score* – Bessel Van Der Kolk, M.D.** <http://amzn.to/1MJDqAn>

*The Emotional Incest Syndrome* – Dr. Patricia Love with Jo Robinson <http://amzn.to/1UhAD79>

*Why Walk When You Can Fly* – Isha Judd <http://amzn.to/1R0azQ6>

*Loving What Is: Four Questions That Can Change Your Life* – Byron Katie <http://amzn.to/1UhALU7>

<i>You Can Heal Your Life</i> – Louise L. Hay	<a href="http://amzn.to/1R0aICW">http://amzn.to/1R0aICW</a>
<i>The Six Pillars Of Self-Esteem</i> – Nathaniel Branden	<a href="http://amzn.to/1R0aKe9">http://amzn.to/1R0aKe9</a>
<i>Every Man's Battle</i> – Stephen Arterburn, Fred Stoener	<a href="http://amzn.to/1R0aOuh">http://amzn.to/1R0aOuh</a>
<i>The Knights In Rusty Armor</i> – Robert Fisher	<a href="http://amzn.to/1UhB29r">http://amzn.to/1UhB29r</a>
<i>Letters to My Son: A Father's Wisdom on Manhood, Life, and Love</i> – Kent Nerburn	<a href="http://amzn.to/1UhB4y5">http://amzn.to/1UhB4y5</a>
<i>The Language Of Letting Go: Daily Meditations for Codependents (Hazelden Meditation Series)</i> – Melody Beattie	<a href="http://amzn.to/1R0b10I">http://amzn.to/1R0b10I</a>
<i>Co-Dependent No More: How to Stop Controlling Others and Start Caring for Yourself</i> – Melody Beattie	<a href="http://amzn.to/1PA2Vsu">http://amzn.to/1PA2Vsu</a>
<i>When I Say No, I Feel Guilty</i> – Manual J. Smith Ph.D	<a href="http://amzn.to/1UhBhl0">http://amzn.to/1UhBhl0</a>
<i>Unchain Your Brain</i> – Daniel A. Amen, Ph.D	<a href="http://amzn.to/1YShlf9">http://amzn.to/1YShlf9</a>
<i>Family Therapy Techniques</i> – Salvador Minuchin & H. Charles Fishman	<a href="http://amzn.to/1PA4vdD">http://amzn.to/1PA4vdD</a>
<i>Families &amp; Family Therapy</i> – Salvador Minuchin	<a href="http://amzn.to/1YSeT8n">http://amzn.to/1YSeT8n</a>
<i>Male Sexuality: Why Women Don't Understand It – And Men Don't Either</i> – Michael Bader	<a href="http://amzn.to/1PA4IOB">http://amzn.to/1PA4IOB</a>
<i>He: Understanding Masculine Psychology</i> – Robert A. Johnson	<a href="http://amzn.to/1YSf8QX">http://amzn.to/1YSf8QX</a>
<i>She: Understanding Feminine Psychology</i> – Robert A. Johnson	<a href="http://amzn.to/1YSfbfx">http://amzn.to/1YSfbfx</a>
<i>A Return to Love: Reflections on the Principles of "A Course in Miracles"</i> – Marianne Williamson	<a href="http://amzn.to/1PA4UwW">http://amzn.to/1PA4UwW</a>
<i>Internal Family Systems Therapy</i> – Richard Schwartz	<a href="http://amzn.to/1PA5iva">http://amzn.to/1PA5iva</a>
<i>Love &amp; Addiction</i> – Stanton Peele & Archie Brodsky	<a href="http://amzn.to/1PA5lHu">http://amzn.to/1PA5lHu</a>
<i>Towards an Emancipatory Psychoanalysis: Brandchaft's Intersubjective Vision (Psychoanalytic Inquiry Book Series)</i> – Bernard Brandschaft	<a href="http://amzn.to/1YSg73t">http://amzn.to/1YSg73t</a>
<i>Taming Your Gremlin: A Surprisingly Simple Method for Getting Out of Your Own Way</i> – Rick Carson	<a href="http://amzn.to/1PA5Elw">http://amzn.to/1PA5Elw</a>
<i>Mindsight: The New Science of Personal Transformation</i> – Daniel J. Siegel	<a href="http://amzn.to/1YSgfjv">http://amzn.to/1YSgfjv</a>

## **THE SCIENCE OF SEX & LOVE & BEING HUMAN**

<i>The Selfish Gene</i> – Richard Dawkins	<a href="http://amzn.to/1YSgBXt">http://amzn.to/1YSgBXt</a>
<i>A General Theory of Love</i> – Thomas Lewis, M.D., Fari Amini M.D., Richard Lannon, M.D.	<a href="http://amzn.to/1krCWIp">http://amzn.to/1krCWIp</a>

<i>Manwatching: A Field Guide To Human Behavior</i> – D. Morris	<a href="http://amzn.to/1ZABhAh">http://amzn.to/1ZABhAh</a>
<i>Genetic and hormonal Influences on Affiliative Behavior in Humans (Thesis for Doctoral Degree (Ph.D) 2012)</i> – Hasse Walum	<a href="https://goo.gl/uWdLQs">https://goo.gl/uWdLQs</a>
<i>Sex At Dawn: The Prehistoric Origins of Modern Sexuality</i> – Christopher Ryan and Cacilda Jetha	<a href="http://amzn.to/1ZAD20m">http://amzn.to/1ZAD20m</a>
<i>The Life and Behavior of Living Organisms</i> – Elliot Jacques	<a href="http://amzn.to/1SlJhD9">http://amzn.to/1SlJhD9</a>
<i>The Red Queen: Sex and the Evolution of Human Nature</i> – Matt Ridley	<a href="http://amzn.to/1SlMpPl">http://amzn.to/1SlMpPl</a>
<i>Sperm Wars</i> – Robin Baker	<a href="http://amzn.to/1SlMyCv">http://amzn.to/1SlMyCv</a>
<i>Why Women Have Sex: Women Reveal the Truth About Their Sex Lives, from Adventure to Revenge (and Everything in Between)</i> – Cindy M. Meston, Ph.D. and David M. Buss, Ph.D.	<a href="http://amzn.to/1SlKc6z">http://amzn.to/1SlKc6z</a>
<i>Mating Intelligence: Sex, Relationships, and The Mind's Reproductive System</i> – Glenn Geher, Geoffrey Miller	<a href="http://amzn.to/1SlKLxg">http://amzn.to/1SlKLxg</a>
<i>The Moral Animal</i> – Robert Wright	<a href="http://amzn.to/1SlKZnY">http://amzn.to/1SlKZnY</a>
<i>The Brain in Love: 12 Lessons to Enhance Your Love Life</i> – Daniel G. Amen, M.D.	<a href="http://amzn.to/1ZAK19q">http://amzn.to/1ZAK19q</a>
<i>What Do Women Want?: Adventures in the Science of Female Desire</i> – Daniel Bergner	<a href="http://amzn.to/1ZALwof">http://amzn.to/1ZALwof</a>
<b><i>Anatomy of Love</i> – Helen Fisher</b>	<b><a href="http://amzn.to/1SoSlHo">http://amzn.to/1SoSlHo</a></b>
<i>Why We Love: The Nature and Chemistry of Romantic Love</i> – Helen Fisher	<a href="http://amzn.to/1YShT4Q">http://amzn.to/1YShT4Q</a>
<i>Sperm are from Men, Eggs are from Women</i> – Joe Quirk	<a href="http://amzn.to/1YSi1RU">http://amzn.to/1YSi1RU</a>
<i>The Female Brain</i> – Louann Brizendine, M.D.	<a href="http://amzn.to/1PA7a7e">http://amzn.to/1PA7a7e</a>
<i>The Male Brain</i> – Louann Brizendine, M.D.	<a href="http://amzn.to/1PA7gvL">http://amzn.to/1PA7gvL</a>
<i>The Selfish Gene</i> – Richard Dawkins	<a href="http://amzn.to/1OvviEF">http://amzn.to/1OvviEF</a>

#### **ALTERNATIVE RELATIONSHIPS & NON-MONOGAMY (non-narrative non-fiction)**

<i>Becoming Partners: Marriage and its Alternatives</i> – Carl R. Rogers	<a href="http://amzn.to/1SlJ8j2">http://amzn.to/1SlJ8j2</a>
<i>Getting Back Together</i> – Robert Houriet	<a href="http://amzn.to/1ZAEj7m">http://amzn.to/1ZAEj7m</a>
<i>Intimate Life Styles: Marriage and its Alternatives</i> – Jack R. DeLora, Joan S DeLora	<a href="http://amzn.to/1SlKtGq">http://amzn.to/1SlKtGq</a>
<i>The Lifestyle: A Look At The Erotic Rites Of Swingers</i> – Terry Gould	<a href="http://amzn.to/1SlKNVD">http://amzn.to/1SlKNVD</a>
<i>Polyamory – The New Love Without Limits: Secrets of Sustainable Intimate Relationships</i> – Dr. Deborah Anapol	<a href="http://amzn.to/1SlL8b9">http://amzn.to/1SlL8b9</a>



<b><i>The Ethical Slut: A Practical Guide to Polyamory, Open Relationships, and Other Adventures</i></b> – Dossie Easton, Janet W. Hardy	<a href="http://amzn.to/1ZAHDPt">http://amzn.to/1ZAHDPt</a>
<i>The New Intimacy</i> – Ronald Mazur	<a href="http://amzn.to/1ZAHRqe">http://amzn.to/1ZAHRqe</a>
<i>Hot &amp; Cool Sex: Cultures in Conflict</i> – Robert T. Francoeur	<a href="http://amzn.to/1ZAI2BW">http://amzn.to/1ZAI2BW</a>
<i>Communes USA: A Personal Tour</i> – Richard Fairfield	<a href="http://amzn.to/1SILZs8">http://amzn.to/1SILZs8</a>
<i>Opening Up: A Guide to Creating and Sustaining Open Relationships</i> – Tristan Taormino	<a href="http://amzn.to/1ZAJfJF">http://amzn.to/1ZAJfJF</a>
<i>The Myth of Monogamy</i> – David P. Barash, Ph.D. and Judith Eve Lipton, M.D.	<a href="http://amzn.to/1SlM7YP">http://amzn.to/1SlM7YP</a>
<i>The Monogamy Gap: Men, Love, and the Reality of Cheating</i> – Eric Anderson	<a href="http://amzn.to/1SlMcf5">http://amzn.to/1SlMcf5</a>
<i>Lust In Translation: Infidelity from Tokyo to Tennessee</i> – Pamela Druckerman	<a href="http://amzn.to/1ZAHyMd">http://amzn.to/1ZAHyMd</a>
<i>Mating in Captivity: Unlocking Erotic Intelligence</i> – Esther Perel	<a href="http://amzn.to/1SlMd2G">http://amzn.to/1SlMd2G</a>
<i>Thy Neighbor's Wife</i> – Gay Talese	<a href="http://amzn.to/1ZAJ5U">http://amzn.to/1ZAJ5U</a>
<i>The Polygamous Sex</i> – Esther Villar	<a href="http://amzn.to/1PA8hUp">http://amzn.to/1PA8hUp</a>
<i>Polyamory in the 21st Century: Love and Intimacy with Multiple Partners</i> – Deborah Anapol	<a href="http://amzn.to/1OvwBUc">http://amzn.to/1OvwBUc</a>
<i>Uncommon Arrangements</i> – Katie Roiphe	<a href="http://amzn.to/1PA8rva">http://amzn.to/1PA8rva</a>
<i>Love in Abundance: A Counselors Advice In Open Relationships</i> – Kathy Labriola	<a href="http://amzn.to/1OvzN1X">http://amzn.to/1OvzN1X</a>
<i>More Than Two: A Practical Guide to Ethical Polyamory</i> – Franklin Veaux	<a href="http://amzn.to/1OvzSTs">http://amzn.to/1OvzSTs</a>
<i>The Polyamorists Next Door : Inside Multiple-Partner Relationships and Families</i> – Elisabeth Sheff	<a href="http://amzn.to/1OvA4lx">http://amzn.to/1OvA4lx</a>
<i>Open Marriage: A New Life Style for Couples</i> – Nena & George O'Neill	<a href="http://amzn.to/1OzMTBD">http://amzn.to/1OzMTBD</a>
<i>Redefining Our Relationships: Guidelines For Responsible Open Relationships</i> – Wendy-O Matik	<a href="http://amzn.to/1OzN93F">http://amzn.to/1OzN93F</a>

## **ALTERNATIVE RELATIONSHIPS (Fiction & Memoir)**

<i>The Moon Is A Harsh Mistress</i> – Robert A Heinlein	<a href="http://amzn.to/1OvAJ6E">http://amzn.to/1OvAJ6E</a>
<i>The Harrad Experiment</i> – Robert H. Rimmer	<a href="http://amzn.to/1OvAKaM">http://amzn.to/1OvAKaM</a>
<i>Proposition 31</i> – Robert H. Rimmer	<a href="http://amzn.to/1OvAM2g">http://amzn.to/1OvAM2g</a>
<b><i>Stranger In A Strange Land</i></b> – Robert A. Heinlein	<a href="http://amzn.to/1krIPW2">http://amzn.to/1krIPW2</a>

*The Source: The Untold Story of Father Yod, Ya Ho Wa 13, and The Source Family* – Isis Aquarian with Electricity Aquarian <http://amzn.to/1ZABpzu>  
*The Bolter* – Frances Osborne <http://amzn.to/1OvBk8s>  
*Island* – Aldous Huxley <http://amzn.to/1OzO83J>

## **SEXUAL FREEDOM, INFIDELITY, SEX ADDICTION, & PROSTITUTION (Older & Literary Works)**

*The History & Philosophy of Marriage – or Polygamy & Monogamy Compared* – Joseph Hyrum Parry <http://amzn.to/1OzOh7p>  
*Cupid's Yokes: Or the Binding Forces of Conjugal Love* – Ezra Heywood <http://amzn.to/1OzOkAc>  
*Sexual Revolutions: Psychoanalysis, History and the Father* – Edited by Gottfried Heuer <http://amzn.to/1SlJmGS>  
*Sexual Life In Ancient Greece* – Hans Licht <http://amzn.to/1ZAE789>  
*My Life & Loves* – Frank Harris <http://amzn.to/1krEiCU>  
*The Carnal Prayer Mat* – Li Yu <http://amzn.to/1krEUbO>  
*My Secret Life* – Walter <http://amzn.to/1krIbb0>  
*Sex Fulfilment In Married Women* – Helena Wright <http://amzn.to/1OpKh7p>  
*Women Confidential* – Lee Mortimer <http://amzn.to/1SlNern>  
*An Enquiry Concerning Political Justice* – William Godwin <http://amzn.to/1OvCvEO>  
*The Complete Works* – Percy Bysshe Shelley <http://amzn.to/1OvCIrt>  
*The Sexual Revolution: Toward a Self-Regulating Character Structure* – Wilhelm Reich <http://amzn.to/1Paepfi>  
*The Origins of Sex: A History of the First Sexual Revolution* – Faramerz Dabhoiwala <http://amzn.to/1PaeAax>  
*Sex in History* – Reay Tannahill <http://amzn.to/1OvDrsR>  
*Conjugal Love: Delights of Wisdom Relating to Conjugal Love Followed by Pleasures of Insanity Relating to Licentious Love* – Emmanuel Swedenborg <http://amzn.to/1PaeTIO>  
*Madame Bovary* – Gustave Flaubert <http://amzn.to/1OvDOn5>  
*The Unbearable Lightness of Being: A Novel* – Milan Kundera <http://amzn.to/1Paf6FB>  
*Laughter in the Dark* – Vladimir Nabokov <http://amzn.to/1MJDW19>  
*Memories of My Melancholy Whores* – Gabriel Garcia Marquez <http://amzn.to/1Pafbt1>  
*Butterfly Stories* – William T. Vollmann <http://amzn.to/1PafcNj>

*Paying For It* – Chester Brown

<http://amzn.to/1OvE45x>

***The Schopenhauer Cure: A Novel*** - Irvin Yalom

<http://amzn.to/1MJE8xr>

## **RELATIONSHIP ADVICE & THEORY**

*Love's Hidden Symmetry: What Makes Love Work in Relationships* – Bert Hellinger

<http://amzn.to/1R0b9gu>

*Lovestyles* – John Alan Lee

<http://amzn.to/1UhBtAN>

*Why Him? Why Her?* – Helen Fisher

<http://amzn.to/1UhBvbL>

*His Needs. Her Needs.: Building An Affair Proof Marriage* – Willard Harvey

<http://amzn.to/1UhByEp>

***Getting the Love You Want: A Guide For Couples*** – Harville Hendrix

<http://amzn.to/1O05scG>

*Undefended Love* – Jett Psaris & Marlena S. Lyons

<http://amzn.to/1UhBBAf>

*The 5 Love Languages: The Secret To Love That Lasts* – Gary Chapman

<http://amzn.to/1UhBIfb>

*Nonviolent Communication: A Language Of Life* – Marshall Rosenberg

<http://amzn.to/1R0aHyQ>

*Impossible Love: Or Why The Heart Must Go Wrong* – Jan Bauer

<http://amzn.to/1UhBNPY>

*The Love You Deserve: A Spiritual Guide To Genuine Love* – Dr. Scott Peck, Shannon Peck

<http://amzn.to/1R0brEn>

*Intimate Communion: Awakening Your Sexual Essence* – David Deida

<http://amzn.to/1UhBNiT>

*Love Is Letting Go Of Fear* – Gerald G. Jampolsky

<http://amzn.to/1R0brnH>

*The New Rules of Marriage: What You Need to Know to Make Love Work* – Terrence Real

<http://amzn.to/1R0buQt>

*Love Is Never Enough: How Couples Can Overcome Misunderstandings, Resolve Conflicts, and Solve Relationship Problems Through Cognitive Therapy* – Aaron T. Beck M.D.

<http://amzn.to/1R0by2w>

*Conscious Loving: The Journey to Co-Commitment* – Gay Hendricks, Ph.D., Kathlyn Hendricks Ph.D

<http://amzn.to/1R0bzDF>

*The Truth About Cheating: Why Men Stray and What You Can Do To Prevent It* – M. Gary Neuman

<http://amzn.to/1ZAJl3L>

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