

I'm going to make an argument.

See if it resonates with you or not.

Ready?

Your life's purpose is not about you – it's about serving others.

Your calling in this world is to help others.

You have a specific voice, and a unique set of experiences that you can use to help people.

The problem is that this truth terrifies most people – they don't want the responsibility or difficulty that comes with it.

Most people want to go through life with their heads' down, have a few good times (or complain a lot), grow old, and die.

And that's perfectly fine, but if you're like me, you know there's more.

You have that burning up inside and you can't stand to play small.

You know your life's purpose is about leaving an impact on this world.

So how do you find out what that impact is exactly?

You might start reading a few books and blogs hoping to find the answer...

But the truth is, the answer is inside of you.

Usually the thing you fear most is the thing you need to do most.

Embrace that feeling and understand it's not something you're doing for yourself, but something you're doing for others.

You might think you're not important enough to have an impact -- - but real impact starts with just one person.

And to help that one person, you need to push through your own fears and stick to your commitment to serve your fellow humans.

You don't need all of the answers, but getting started on this path will help you uncover some of these answers.

However, getting started on this path requires you to listen:

To yourself, to your heart, to your intuition, and to the signs the universe is sending you.

Your heart is a great guide for you to determine which path to take.

Usually, though, your mind is trying to make logical decisions that are in direct opposition to your heart.

And most of the time we tend to listen to our minds – and end up taking a safer, less fulfilling route instead of following our heart to our true desire and calling.

There are ways to listen to your heart without neglecting the rational of your brain – and you'll learn those in the coming emails.

For now, pay attention to the skills and abilities that come easier to you than others.

For example – I am a terrible public speaker, but I am excellent at sharing my thoughts and ideas through writing.

That's why I have this position (and purpose) now and excel at it.

Anyway...

The following points can summarize this email:

- Stay true to yourself
- Listen to your heart
- Pay attention to your experiences
- Take notice of your natural skills
- Serve others

Accept and understand what you find, and move forward from there.

Be awesome,

Richard