



FIVE YEAR PLAN

This exercise will help you set clear goals for your life – in regards to career, lifestyle and your social life. You need to have a clear definition of success for yourself as well as a defined path towards achieving it. Having goals, a dream, and a hunger for life and a direction in life will not only make you a more attractive person, it will also help you get the most out of your time on this planet. However, having ambition is not enough. You also need to be capable of achieving your goals. To that end, it's important to make a five-year plan, with clearly defined steps and milestones. So think about where you want to be five years from now. With this in mind read the following questions and think about them before you answer. Take your time. Craft your answers carefully before writing them down.

NOTE: FILL THIS OUT IN PENCIL. YOU WILL MOST LIKELY BE MAKING CHANGES AND CORRECTIONS AS YOU GO THROUGH IT.

- 1. Write a paragraph describing your career or professional life in five years: where you will be working, what you will be doing, what it will be like. Be as detailed as possible. Make sure this is a practical, achievable reality for you.***

FIVE YEAR PLAN

THE SOCIETY

JUNE 08 10

2. Write a paragraph describing your lifestyle in five years: where you will be living, what your dating life or relationship status will be and with what kind of person or people, how your social life and circle of friends will be defined, what you will be doing for recreation. Be as detailed as possible. Make sure this is a practical, achievable reality.

3. Take a moment to envision your ideal, achievable life in five years. Is there any element of your future lifestyle that you left out of the paragraphs above? If so, complete the scenario by filling in the missing information here in as much detail as possible.

A. _____

B. _____

C. _____

D. _____

E. _____

a. Create Your Plan Of Action for Achieving Goal A, Using Well-Defined Steps

This image shows a single sheet of white paper with horizontal blue or grey ruling lines. The lines are evenly spaced and run across the width of the page. There is no handwriting or other markings on the paper.

This image shows a single sheet of white paper with horizontal blue or grey ruling lines. The lines are evenly spaced and run across the width of the page. There is no handwriting or other markings on the paper.

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There is no text or other markings on the paper.

V

FIVE YEAR PLAN

THE SOCIETY
JUNE 9-6-10

6. *Now create a timeline. In front of each step (or milestone) in your plan of action in question 5, write a specific date (month and year) on which you will complete it. (Naturally, in your timeline, your final step should be completed sometime within the next five years.)*
7. *OPTIONAL (Recommended): Return to your answers to question 5 above. Next to or below each step in your plan of action, where applicable, list the expenses and/or resources necessary to complete the step. Where applicable, also write down where the money or resources will come from if you don't currently have access to them.*
8. *OPTIONAL: Return to your answers to question 5 above. Next to or below each milestone, where applicable, build in risk. In other words, describe possible things that could go wrong and create contingency plans. (For example, if your goal is to be an actor, what happens if you fail every audition: do you seek funding to make your own movie? If your goal is to be a football player, what happens if you get a permanent knee injury: do you become a coach?)*
9. *Show your Five Year Plan to a supportive, trustworthy person in your life. Ask them to analyze each step on your timeline. Have them look for errors, omissions, inaccuracies, logical flaws, unrealistic planning, or anything else that would keep you from achieving each step on the appointed time. Make any necessary changes to your five-year plan afterward.*
10. *Keep this plan somewhere safe. Every year, take a day to re-examine your five-year plan. See what goals you met, what goals you missed, and what needs to be changed in the plan due to new experiences, ideas, and opportunities that have come up since the year before.*
11. *Congratulate yourself. You have created and are now implementing your best future. You've already done more to get ahead and achieve your goals than most people do in a lifetime.*